



Discussion points:

Interventions for preventing falls in older people in nursing care facilities and hospitals

Clinical considerations

- What do you think of the findings of the Cochrane review?
 - The authors of the review kept the results from nursing care facilities and hospitals separate. Would you have pooled the results from the two settings, in order to increase statistical power in the meta-analyses?
 - One of the findings of the review arises from a subgroup analysis separating multidisciplinary team interventions from interventions initiated by a single health professional. How cautious should you be when an analysis such as this was not pre-specified?
- How should this review influence decisions about interventions to use in nursing care facilities and hospitals?
 - Should this review lead to the introduction of any interventions?
 - Should it lead to modifications or the withdrawal of any interventions?
 - The review concludes with some specific suggestions for further research. Which randomised trials would you be willing to take part in?
- Would other information help in making a decision about preventing falls in nursing care facilities or hospitals?
 - Is there sufficient information in the review to implement a multifactorial intervention to prevent falls in older people?
 - Where might you obtain additional details on such interventions?
 - The mean age of participants in the trials in nursing care facilities was 84 years and the mean age in hospital was 80 years. Would you like to have the results presented separately for different age groups?
 - How would you find out about randomised trials that you might join?